

FRUIT OF THE SPIRIT

Peace

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with Meg Hayes

Let's look at what the Bible has to say about peace. How do we know it's important to God?

We are going to dig into 5 key verses on peace in the Bible.

Luke 2:14 "Glory to God in the highest, and on earth peace among those with whom he is pleased!"

God's peace is given to those who please Him. Now, He already knows we aren't perfect, so this isn't saying we need to be perfect to receive His peace. We please Him by putting our focus on Him. Walk with Him. Talk with Him. Center our life around glorifying Him. He knows we won't do this perfectly but it's our hearts He is looking at - not our mistakes.

What can you do today to please God? What are you doing that needs to stop or change to do this? How are you going to find His peace?

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John 14:27 Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

I don't know about you, but these words alone give me peace. When you are a believer, a follower of Christ, and you're walking and talking with Him, He gives you peace. A peace that only a follower of Christ can feel. He promises His children this. All you need to do is turn to Him in those dark times and He will fill you up with His love and peace.

Do you feel this peace? When you're truly worried or stressed with life how can you bring that God given peace into focus?

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Ephesians 2:14 For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility

Jesus is our peace!!! No way around it - He is our source of peace. The world wants us to believe that good deeds, good "vibes" come from our good nature. They want us to think that you put good out there and you get good back. But they are missing the most important piece to the puzzle - peace only comes from God! That's it! You must humble yourself before Him to receive it.

What area of your life do you need to work on humbling yourself? How can place your focus on these areas and truly give it to God?



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Philippians 4:7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

LOVE this verse!!! This is my go to scripture when I feel completely overwhelmed and upside down with life. Picture it - God's amazing peace literally guarding our hearts and our minds. I like to picture the armor of God physically being put over me and nothing but His love on the inside of it with me. We don't have to understand all of God's ways but we get to feel His peace when we follow Him - a calm and tranquil attitude comes over us.

Commit to writing this verse on your heart. Come back to it when you need that small reminder of His peace. What other verses do you cling to in your time of need?

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Hebrews 12:14 Strive for peace with everyone, and for the holiness without which no one will see the Lord.

Yikes! This is tough and something I know I struggle with often. Peace with everyone? Is that possible? I will say this - notice it says "strive". God knows this is going to be incredibly difficult to accomplish. But He also knows that unbelievers are watching how a believer behaves and speaks to others. They are waiting for a reason to say "Is that what Christ looks like?" because of our actions. When we strive for peace we are able to show God's love and open a door that may have been closed otherwise.

How can you show peace with everyone? Do you have someone in your life that you struggle with this? How can you change your heart towards this person and strive for peace?



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Bible Study

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